

#### September 2015

## Will you join us for the 30 Day Oneness Prayer Challenge?

You may have heard about a new Christian film that came out recently called War Room. If you haven't seen it yet, we highly encourage you to.



WAR ROOM is a compelling movie with humor and heart that explores the power that prayer can have on marriages, parenting, careers, friendships, and every other area of our lives.

FamilyLife has partnered with the creators of War Room and in conjunction with the movie we have issued a 30 Day Oneness Prayer Challenge. Over 30,000 people have already signed up to take the challenge! Will you join us and the many others to take this challenge?



One of the greatest investments you can make in your marriage is praying together daily with your spouse. But for many married couples, praying together is a real challenge.

That's why FamilyLife created the 30-Day Oneness Prayer Challenge. It's a simple tool to help you start a habit of taking up to five minutes a day to join hands and pray together as husband and wife.

During the month of September, you will receive a short devotional and a set of prayers for you and your spouse to pray together each day. You can receive either a daily email or a text message with a link to access the devotional content.

It's not too late to sign up. Text "Oneness" to 85005. Or go to www.familylife.com and click on the Oneness Prayer Challenge to sign up to receive the daily email messages.

To encourage couples, FamilyLife has put together several articles about prayer. One of them was called What Happens When Couples Pray. Seven couples share their personal testimonies about praying together. I (Jennifer) was honored that our story was chosen and featured in the article. You can read our story on the next page. We pray our story really encourages couples to keep praying together.

Speaking of prayer, this month we would like to know how we can be praying for you! Please email us your specific prayer requests and we would be honored to pray for you. We can't wait to hear from you and start praying.

thewalkers@njwalker.com

Nathan & Jenn

### Praises & Prayers

**Praise:** That the movie WAR ROOM is doing so well in the box office. Pray that many more lives will be impacted by this movie in the weeks to come. Pray that we will see more people turning to the Lord on their knees in prayer.

**Praise:** For Jared and Brandy, they got remarried on September 2! (See photo/story on the next page) Pray that we will continue to mentor them well and that they will keep Christ in the center of their lives and their marriage.

**Pray:** for the 30,000+ people that have signed up for the Oneness Prayer Challenge. Pray about joining us in the challenge. Pray that marriages will be transformed through the power of prayer.

"Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock."

Matthew 7:24-25





# Excerpt from FamilyLife's Article: What Happens When Couples Pray

# **Spiritual Intimacy and Sexual Intimacy** by Jennifer Walker

My husband, Nathan, and I were challenged to pray together during FamilyLife's Weekend to Remember marriage getaway. Now we had both prayed before, on our own, or as a family at the dinner table. But praying just the two of us, out loud—that seemed intimidating.

I remember sitting in the hotel room that night, both of us a little nervous. We even argued teasingly, "You go first" ... "No, I insist you go first."

I remember our prayer being short and a little awkward. But as the days and weeks went on, we became more and more comfortable with praying together. Nathan is a bit on the reserved side. He does a lot of his processing internally, and so it was not very often that I got to hear what was really going on in his heart.

Through our prayer time together, I started to see a new side of my husband. I felt more connected to him than I ever had before. I was finally hearing his heart on a regular basis.

A funny thing happens when you connect as a couple through prayer. Not only does your spiritual intimacy grow, but your sexual intimacy gets kicked up a notch too! I felt so connected spiritually that it just naturally spilled over into our sexual relationship.

Now that Nathan and I know about this direct relationship between spiritual and sexual intimacy, it has helped us in times when our sexual relationship runs dry. We very quickly realize, "Oh we are not connecting sexually, because we have not been praying together lately." It certainly has been good motivation for us to stay spiritually connected!

## We Do!

We were thrilled to witness a very special wedding on September 2. You might remember hearing about this couple several months ago. We met Jared and Brandy in January when their relationship was rocky. They ended up divorcing shortly after we met them.

We didn't give up on this couple. We continued to pray for them and meet with them regularly. Slowly over the last 5 months they have come back together, and more importantly they have come back to Christ. They have learned what it means to have a Christ-centered marriage, and they are committed to doing it God's way this time.

#### A post from Brandy's Facebook page:

"So Nathan and Jennifer Walker have been helping me & Jared restore our relationship to better than we have known. For those couples struggling, turn to God! Pray WITH your spouse. We have grown a lot and continue to grow in our relationship with God. When Jennifer and Nathan asked if they could use our story for their FamilyLife newsletter, there was no hesitation because many couples struggle but there is hope with God on your side and Love in your heart! Thank you Jennifer & Nathan for all your prayers for our marriage!"

